

## NEWSLETTER

March 13, 2026

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### News

#### **Social Services Awareness Month: Thank you for the work you do!**

We take a moment to recognize, honour, and express our heartfelt gratitude to the incredible community social services members whose compassion, commitment, and tireless efforts make a meaningful difference in the lives of people and families in our community.



#### **Exploring change with clients: With a focus on your own wellness**

You know supporting clients through change can be deeply meaningful work. It can also take a toll on your wellbeing. Check out this article from People Working Well for five practical insights and reflective questions highlighting a sustainable approach to guiding conversation without the pressure to "fix" everything.

[Read the Article](#)



#### **Psychosocial hazards: How to take a human-centred approach to empower people**

Psychosocial hazards - like heavy workloads, unclear roles, or lack of support - can quietly affect workplace well-being. Check out this article that explores how a human-centred approach to psychosocial

hazards can help organizations better understand employee experiences and build healthier, more supportive workplaces.

[Read the Article](#)

### **Did you know? Introduction to The Crisis Centre programs**

The Crisis Centre specializes in fostering resilience and capacity in individuals, organizations, and communities. It's trauma-informed training and courses build compassionate, connected, suicide-safer communities through:

- Destigmatizing suicide and mental health.
- Strengthening intervention and de-escalation skills.
- Facilitating growth and recovery after a suicide experience.
- Providing skills and strategies that foster wellness and help prevent stress, burnout, vicarious trauma, and compassion fatigue.

Programs are suitable for all roles and levels of education and experience and include: [Programs for Suicide Response](#), [Programs for Wellness & Resiliency](#), [safeTALK for individuals](#), [ASIST for individuals](#), and [Skillfully Responding to Distress for individuals](#).

## **Webinars**

Check out upcoming webinars below and see the [full calendar online](#).



### **Building Psychologically Safe Workplaces: Free webinar, March 18, 12-1 pm**

In this webinar, you'll learn how to recognize and respond to WorkSafeBC's five psychosocial hazard categories, no matter what your role is. The session will highlight preventive strategies that strengthen team resilience, promote psychological safety, and reduce risk.

[Register Now](#)



### **CSSHSA Learning Centre Introduction: Free Training Webinar, March 18, 11 am to 12 pm**

This webinar is designed to help member organizations gain a clear, practical understanding of the CSSHSA Learning Centre and how its free courses can benefit their organization. Learn about the platform's core features and how to navigate the Learning Centre confidently, assign relevant courses, track learner progress, and make the most of the available resources.

[Register Now](#)

## ***Events***



### **Learning opportunity: Support 2 Practice Management, March 30-April 1**

Hosted by the Federation of Community Society Services, Support to Practice Management (S2PM) is for new or mid-level managers. The event focuses on navigating the complexities of organizations while building practical skills to enhancing worker capacity. Learn more and [check out the full agenda.](#)

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