

NEWSLETTER

April 10, 2026

News



Building structure: Building a safe workplace

Thoughtful job design can reduce psychosocial risks by balancing demands, increasing control, and strengthening the support systems. This article is the third in a series about psychosocial hazards series for community social service workers. Learn practical approaches to designing roles that promote safety, clarity, and resilience to build workplaces where people can do their best work.

[Read the Article](#)

Slow down, move over: Keep the roads safe

Driving is often part of the job for community social service workers and staying safe is everyone's responsibility. This April, help keep the roads safe by remembering the 70/40 rule when passing stopped vehicles that have activated flashing red, blue, or amber lights: When the normal speed limit is 80 km/h or higher, slow down to 70 km/h or less, and when the normal speed limit is below 80 km/h, slow down to 40 km/h or less. [Learn more.](#)

Webinars

Check out upcoming webinars below and see the [full calendar online](#).



Building Endurance in Your Team: April 29

When burnout becomes cyclical, resilience can start to feel like just another demand. This webinar explores what team resilience really means and who is responsible for creating it. Join us to gain a clearer understanding of individual and collective resilience and why both are essential in community social services. You'll walk away with simple, low-cost strategies that can be applied immediately, whether you're on the frontlines, leading a shift, or supporting a team in a formal leadership role. Cost: Free.

[Register Now](#)



CSSHSA Learning Centre Introduction: April 29

This training webinar is designed to help member organizations gain a clear, practical understanding of the CSSHSA Learning Centre and how its free courses can benefit their organization. Learn about the platform's core features and how to navigate the Learning Centre confidently, assign relevant courses, track learner progress, and make the most of the available resources. Cost: Free to members.

[Register Now](#)

Training



Return-to-Work Coordinator Training: April 22-23

Learn proactive approaches, effective communication with WorkSafeBC, and real-world planning techniques to foster successful, sustainable returns to work. Designed for Return to Work Coordinators, join us for this instructor-led **virtual** training on April 22 and 23, 9 am-12 pm each day. Cost: Free for members.

[Register Now](#)



Introduction to JOHSC: May 27

Learn the essentials for new Joint Occupational Health and Safety Committee members. This one-day, in-person course covers committee scope, relevant regulations and guidelines, and your roles in workplace inspections, incident investigation, hazard identification and risk assessment. Join us in **Vancouver** for this instructor-led training May 27, 9 am to 5 pm. Cost: \$100 for members.

[Register Now](#)



Mental Health First Aid: June 25-26

Join us for a **virtual** session on June 25 and 26, 9 am to 4:30 pm for an engaging and impactful two full-day virtual Mental Health First Aid (MHFA) Certification Course, designed to equip you with essential skills to assist individuals experiencing a mental health crisis or decline in well-being. Certification provided upon completion. Cost: \$150 for members.

[Register Now](#)

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